

# LUNCH MENU

## WEEK ONE

5th October, 19th October, 2nd November, 16th November

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



Monday

Tuesday

Wednesday

Thursday

Friday

**Pizza Bagel**  
Toasted Bagel topped with Tomato and cheese

**Hot Chicken Wrap**  
Marinated chicken

**Roast Meat in Roll**  
Roasted chicken with sage and onion stuffing served in a soft bap

**Sausage Roll**  
Pork sausage encased in puff pastry

**Fish Finger Sandwich**  
Breaded fish fingers served with tomato sauce

**Veggie Burger**  
Breaded vegetable burger served in a soft roll

**Cheese Panini**  
Melted cheese in a toasted panini roll

**Curry Spiced Roasted Vegetables**  
Roasted vegetables in a dry curry marinade and served in a soft roll

**Cheese & Tomato Pinwheel**  
Cheesy pizza roll with a tomato filling

**Vegetable Nuggets in a Pitta Bread**  
Vegetable nuggets with salad in a pitta pocket

**Cheese and Ham sandwiches, with fresh fruit, yoghurt and dessert available every day**  
**All lunches are served with Vegetable Crudites**

Shortbread,  
Jelly or Fruit

Lemon Muffin,  
Jelly or Fruit

Chocolate Sponge,  
Jelly or Fruit

Flapjack,  
Jelly or Fruit

Chocolate Krispy Cake  
Jelly or Fruit

# LUNCH MENU

## WEEK TWO

12th October, 26th October, 9th November, 23rd November

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



FARMER FRED



FARMER FLORA



Monday

Tuesday

Wednesday

Thursday

Friday

**Hot Dog**

Pork sausage served in a sliced finger roll

**Hot Chicken Baguette**

Roasted chicken served in a crusty baguette

**Beef Burger**

Beef patty served in a soft bap with tomato sauce

**Hot Chicken Wrap**

Marinated chicken served in a tortilla wrap

**Fish Burger**

Breaded fish cake served with tomato sauce in a soft roll

**Veggie Hot Dog**

Vegetarian sausage in a soft finger roll

**Hot Quorn Wrap**

Marinated quorn pieces served in a tortilla wrap

**Quorn Burger**

Quorn burger served in a soft bap with tomato sauce

**Cheese & Tomato Pizza**

Cheese and tomato french bread pizza

**Chickpea Falafel in a Pitta Bread**

Chickpea falafel balls with salad in a pitta pocket

**Cheese and Ham sandwiches, with fresh fruit, yoghurt and dessert available every day**  
**All lunches are served with Vegetable Crudites**

Chocolate Shortbread Jelly or Fruit

Shortbread, Jelly or Fruit

Iced Sponge, Jelly or Fruit

Lemon Cookie, Jelly or Fruit

Chocolate Brownie, Jelly or Fruit