

Keeping your child safe online

Always call 999 if you or your child is in immediate danger.

You can also call 101 to report non-urgent crime or visit www.west-midlands.police.uk/incident-report to fill in an online form

Report online sexual abuse at www.ceop.police.uk/Safety-Centre

Talk to your child's school about their mobile phone policies

It's important that children have the opportunity to explore, learn about online spaces and relationships, and – on occasion – have negative experiences or make mistakes. Have an honest conversation with your child about staying safe online and set up some house rules to protect them. Here are a few top tips:

1. Start talking to your child about content they look at online and what apps they go on.
2. Get clued up on how different apps share personal information. Advise them to keep personal details off social media and keep profiles on private.
3. Get to know their friends in and out of school – they might be talking to different people online. It's good to ask what they talk about in their online chat groups
4. Check the age restriction before your child downloads an app. An app or game that could be suitable for one young person may not be suitable for another.
5. Use parental controls on your child's iPhone and iPad to restrict explicit content, purchases and downloads, and changes to privacy settings. By allowing two factor authentication on your child's iCloud account, it can prevent thieves taking their phone and using their data. Learn more about iPhone privacy settings here.



West Midlands
POLICE

Learn more about online safety



ParentSafe

 www.parentsafe.lgfl.net

An amazing resource page from the London Grid for Learning (LGfL) with guidance and videos on a variety of topics online, including safe settings and controls, and how to talk to children about online life.

Internet Matters

 www.internetmatters.org

Step-by-step guide on how to set parental controls on a number of devices, internet connections, gaming and social media apps.

NSPCC

 www.nspcc.org.uk

 0808 800 5000



NSPCC

The UK's leading youth charity that has lot of useful information and resources available covering a wider variety of topics. They also have a YouTube channel, scan the QR to find out more.

Stop radicalisation and exploitation

Anyone can be vulnerable to extremism and radicalisation, but children are particularly at risk. As they grow and become more independent, it is not unusual for them to take risks, explore new things and push boundaries. Educate Against Hate's website (www.educateagainsthate.com) offers practical advice and support to protect children from extremism and radicalisation. NetMums have partnered counter-terrorism policing to promote Act Early, a safeguarding website for parents, friends and families who are concerned, visit www.netmums.com/act-early for more information.

Report online sexual abuse

If you or your child is worried about online abuse or grooming, make a report to on CEOP's website www.ceop.police.uk/Safety-Centre

A Child Protection Advisor will get in contact and help you talk through what's going on. CEOP cannot help with bullying or account hacking.

For a child or young person, having a sexual image or video of themselves shared online can be a distressing situation. This can be difficult for parents and carers too, but there are ways you can support your child. If they're under 18, they can use Report Remove. **Report Remove** is a tool that allows young people to report an image or video shared online, to see if it's possible to get it taken down. Provided by Childline and the Internet Watch Foundation, it keeps the young person informed at each stage of their report, and provides further support where necessary.

Advice for parents - search 'NSPCC Report Remove' for more information or scan the QR code to make a report

Search '**WMP Advice**' for more information.



childline

 www.childline.org.uk

 0800 1111